

***Beyond Trauma Resolution:
EMDR and the Growth of the Relational Self***

References:

- Benatar, M. (2003). Surviving the bad object. *Journal of Trauma and Dissociation*. 4(2), pp. 11-25.
- Boszormenyi-Nagy, I. (1962). Concept of schizophrenia from the point of view of family treatment. *Family Process*, 1, 103-113.
- Boszormenyi-Nagy, I. (1965). A theory of relationships: Experience and transaction. In I. Boszormenyi-Nagy and J. Framo (Eds.). *Intensive family therapy: Theoretical and practical aspects* (pp. 33-86). New York: Harper & Row.
- Boszormenyi-Nagy, I. and Spark, G. (1973). *Invisible loyalties*. New York: Brunner/Mazel
- Erikson, E.H. (1959). Problem of ego identity. *Psychological Issues*, 1, 1.
- Fairbairn, W.R. (1954). *An object-relations theory of the personality*. New York: Basic Books.
- Flemke, K. and Protinsky, H. (2003). Imago dialogues: treatment enhancement with EMDR. *Journal of Family Psychotherapy*, 14 (2), 31-45.
- Framo, J. L. (1965). Rationale and techniques of intensive family therapy. In I. Boszormenyi-Nagy and J. Framo (Eds.), *Intensive family therapy: Theoretical and practical aspects* (pp. 143-212). New York: Harper & Row.
- Framo, J. L. (1982). Symptoms from a family transactional viewpoint (1970). In J. L. Framo (Ed.), *Explorations in marital and family therapy: Selected papers of James L. Framo* (pp.11-57).
- Fraser, G. (2003). The "dissociative table technique" revisited, revised: A strategy for working with ego states in dissociative disorders and ego-state therapy. *Journal of Trauma and Dissociation*, 4(4). 5-28.
- Gleiser, K. A. (2003). Psychoanalytic perspectives on traumatic repetition. *Journal of Trauma and Dissociation*. 4(2). 27-47.

- Gold, S.N., Elhai, J.D., Rea, B.D., Weiss, D. Masino, T., Morris, S.L., and McIninch, J. (2001). Contextual treatment of dissociative identity disorder: Three case studies. *Journal of Trauma and Dissociation*, 2 (4), pp. 5-36.
- Goldenthal, P. (1996). *Doing contextual therapy: An integrated model for working with individuals, couples and families*. New York: Norton.
- Hibbs, B. J. (2009). *Try to see it my way: Being fair in love and marriage*. New York: Avery.
- Johnson, S. M., Makinen, J. A., and Millikin, J. W. (2001). Attachment injuries in couple relationships: A new perspective on impasses in couples therapy. *Journal of Marital and Family Therapy*, 27, 145-155.
- Karpel, M. and Strauss, E. (1983). *Family evaluation*. Boston: Allyn & Bacon.
- Kerr, M. E., and Bowen, M. (1988). *Family evaluation*. New York: Norton.
- Kitchur, M. (2001). The strategic developmental model for EMDR. Workshop presented in Boston. EMDR International Association.
- Knipe, J. (1998). "It was a golden time...": Treating narcissistic vulnerability. In P. Mansfield (Ed.), *Extending EMDR: A casebook of innovative applications*. New York: Norton.
- Litt, B. (2009). EMDR in Couples Therapy. In M. Luber (Ed.) *Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols: Special Populations*. New York: Springer, 2009.
- Litt, B. (2007). The child as identified patient: Integrating contextual therapy and EMDR. In F. Shapiro, F. Kaslow, and L. Maxfield (Eds.) *Handbook of EMDR and family therapy processes*. New York: Wiley.
- Litt, B. (2007). EMDR in couples therapy: An ego state approach. In C. Forgash, and M. Copeley (Eds.) *Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy*. New York: Springer.
- McGoldrick, M. and Gerson, R. (1985). *Genograms in family assessment*. New York: W.W. Norton & Co.
- Middelberg, C. V. (2001). Projective identification in common couple dances. *Journal of Marital and Family Therapy*, 27, 341-352.

- Nathanson, D. L. (1992). *Shame and pride: Affect, sex, and the birth of the self*. New York: Norton.
- Protinsky, H., Sparks, J. and Flemke, K. (2001). Using eye movement desensitization and reprocessing to enhance treatment of couples. *Journal of Marital and Family Therapy*, 27, 157-164.
- Schnarch, D. M. (1991). *Constructing the sexual crucible: an integration of sexual and marital therapy*. New York: Norton.
- Schwartz, R. C. (1995). *Internal family systems therapy*. New York: Guilford.
- Shapiro, F. (2001). *Eye movement desensitization and reprocessing: Basic principles, protocols, and procedures* (second edition). New York: Guilford.
- Steele, K., van der Hart, O., and Nijenhuis, E.R.S. (2001). Dependency in the treatment of complex posttraumatic stress disorder and dissociative disorders. *Journal of Trauma and Dissociation*, 2 (4), pp. 79-116.
- van der Kolk, B., van der Hart, O., and Marmar, C. (1996). Dissociation and information processing in posttraumatic stress disorder. In B. van der Kolk, A. C. McFarlane, and L. Weisaeth (Eds.) *Traumatic stress: the effects of overwhelming experience on mind, body, and society* (pp. 303-327).
- Watkins, J. G. and Watkins, H. H. (1997). *Ego states: Theory and therapy*. New York: Norton.
- Watzlawick, P., Beavin, J. and Jackson, D. (1967). *Pragmatics of human communication*. New York: Norton.
- Wynne, L. (1965). Some indications and contraindications for exploratory family therapy. In I. Boszormenyi-Nagy and J. Framo (Eds.), *Intensive family therapy: Theoretical and practical aspects* (pp. 289-322). New York: Harper & Row.